



**SEA PRIMARY AND  
HIGHER SECONDARY  
SCHOOL**

**IGNITE**

**Introducing  
The  
Monthly  
School  
MAGAZINE**

**S  
E  
A  
T  
I  
M  
E  
S**

**"Creativity is intelligence having fun." - Albert Einstein**

# CONTENTS

01

---

**School  
Introduction**

03

---

**Swimming  
Activity**

05

---

**Milk Day**

07

---

**School  
Election**

09

---

**Yoga Day**

02

---

**School  
Re-opens**

04

---

**Kinder Garten  
Activities**

06

---

**Environmental Day**

08

---

**School Council**

**IGNITE  
IGNITE  
IGNITE**

# School Introduction

SEA Primary and Higher Secondary School, established in 2001 by the esteemed Founder Chairman Shri A. Krishnappaji, is driven by a grand vision and mission to cultivate exceptional global citizens through the provision of unparalleled education at a nominal cost. The acronym SEA encapsulates our unwavering dedication to fostering excellence in Superlative Sports, Exemplary Education, and Astonishing Activities, guaranteeing that individuals from diverse economic strata have access to a superior educational experience.

At SEA Primary and Higher Secondary School, we believe that education is the cornerstone of a prosperous society and a catalyst for positive change. Our team of dedicated educators and staff work tirelessly to empower students with the knowledge, skills, and values needed to thrive in an ever-evolving world, shaping them into leaders of tomorrow.

With a strong emphasis on Super Sports, we encourage our students to engage in various sports activities, promoting physical fitness, teamwork, discipline, and sportsmanship. Through our state-of-the-art sports facilities and expert coaches, students have the opportunity to excel in their chosen sports and represent the school at various levels.

In addition to academic and sports excellence, we offer a wide range of Amazing Activities to foster creativity, critical thinking, and leadership skills. Students can participate in cultural events, clubs, arts programs, and community service initiatives, providing them with a well-rounded educational experience.



# SCHOOL RE- OPENS



29.05.2023

Education is a privilege, and school provides the platform to unlock countless opportunities. So make the most of your time in school, embrace the challenges, and strive for excellence.

Whether in a traditional brick-and-mortar school or through virtual means, the educational journey that takes place within the school environment is an important part of every student's life.

School is a place where lifelong friendships are formed, where memories are made, and where students lay the foundation for their future endeavors.

Our S.E.A primary and higher secondary school recently held a remarkable school awareness program, bringing together our respected teachers and enthusiastic students

It's wonderful when schools organize programs that promote awareness and foster a positive environment. A school awareness program can be a great way to engage both teachers and students in meaningful discussions and activities initiatives also strengthen the bond between teachers and students, creating a positive and inclusive school culture.



This academic year began with a remarkable sense of encouragement from our dedicated teachers. They greeted us with open arms, recognizing the value of our presence in shaping our educational journey. As we embarked on this new chapter, we were introduced to a powerful word: "juvenile

With this word in mind, we embark on this academic year, ready to embrace our youthful energy, expand our knowledge, and cultivate the foundations of our future success. Together, let us seize every opportunity to learn, explore, and develop into the best versions of ourselves.

## POETRY...<sup>o.o.o</sup>

On the first day of school, a dawn so bright,  
Excitement dances in the morning light.  
Nervous giggles and wide-eyed gazes,  
New friendships formed in serendipitous phases.  
With eager hearts, we embark on this quest,  
A world of knowledge and dreams manifest.

With an air of positivity and excitement, the students stepped into their new classrooms, vibrant and filled with anticipation  
As students entered their respective classes, their teachers greeted them with warm smiles and kind words. Each student received a personal message of encouragement, filling the classroom with positivity and motivation. These thoughtful gestures from the teachers uplifted the spirits of the students, reminding them of their potential and the value they bring to the classroom. With these words of inspiration, the students embarked on their day, ready to embrace learning with renewed enthusiasm and determination.

**All the students with their positive vibe started their academic year 2023-2024**

"Education is the key that unlocks the door to a brighter future."

# SWIMMING ACTIVITY

A QUATIC FIN  
A FUN AT ITS BEST

Swimming is a holistic activity that benefits children in multiple ways. It promotes physical fitness, enhances coordination, teaches water safety, reduces stress, and encourages social interaction. Introducing swimming to kids can have a lasting positive impact on their health, confidence, and overall well-being. Learning how to swim is an essential life skill that can potentially save lives. Knowing how to swim provides water safety knowledge and the ability to navigate water bodies confidently

**A MOMENT OF FUN IN EVERY POOL**



**WATER PROVIDES THE EARTH WITH THE CAPACITY OF SUPPORTING LIFE. AN ORGANISM DOESN'T HAVE TO BE TOLD HOW IMPORTANT WATER IS TO THEIR EXISTENCE**



Our school introduces swimming activities for primary students, conducted every week on Tuesdays and Saturdays. This new addition not only promises fun-filled sessions but also offers a numerous benefits. From improved fitness and strength to enhanced coordination, children will thrive in the water environment. Moreover, these swimming activities promote water safety awareness, providing valuable knowledge for their future. The regular swimming sessions also serve as a refreshing break from the traditional classroom learning, allowing students to engage and enjoy in a different form of physical activity. Additionally, swimming is a great way to relieve stress and promote mental well-being, as the water provides a calming effect. With the guidance of trained instructors, our primary students are eagerly diving into this new opportunity, ready to develop essential skills, stay active, and create unforgettable memories in the pool.

**KEEP IT COOL IN THE POOL**

## QUIZZICLE

**WHY DOES OUR SKIN  
WRINKLE AFTER  
SPENDING A LONG TIME  
IN THE WATER?**

WHEN THE WELL'S DRY, WE KNOW THE WORTH OF WATER." – BENJAMIN FRANKLIN

# KINDER GARTEN ACTIVITIES

**PLAY, LEARN AND GROW TOGETHER**

## GREEN DAY

Our Juveniles of Kinder Garten celebrated Green Day. It was celebrated to show their love and care for Mother Earth. Teacher of Kinder Garten kids brought an idea of displaying their students hand in Green colour and were taught the identification and recognition of Green fruits, vegetables, leaves and trees. Our KG kids were also curious to explore their surroundings and learn about lush green. It was a fun and flexible way to integrate green thinking in them.



**GREEN DENOTES FERTILITY, PROSPERITY, GREENERY AND OUR BEAUTIFUL NATURE.**

## SAND ACTIVITY

Playing with sand in Kinder Garten is a fun way for kids to learn and have a great time. They can touch, feel, and move the sand, which helps to develop their senses and coordination. They learn about different textures and temperatures while they scoop and mould the sand. Kids can use their imagination to build sandcastles and create their own pretend worlds. Playing with sand also teaches them how to share and work together with their friends.

## MORE OR LESS ACTIVITY

More and less activity allows kids to learn and differentiate between quantities by just looking at them or counting each substance. Teachers engage the students in this activity by interactive games, they use apple peels, caps, balls and many other tangible things for their intangible learning. Kids can enhance their counting skills, mathematical abilities logical reasoning, and quantitative reasoning abilities.



More-less activity



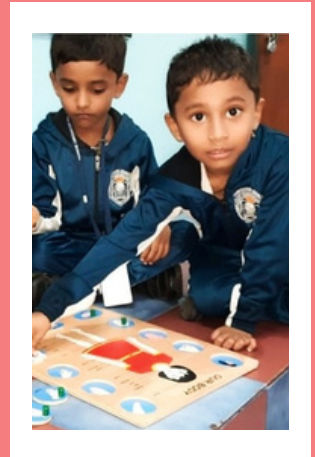
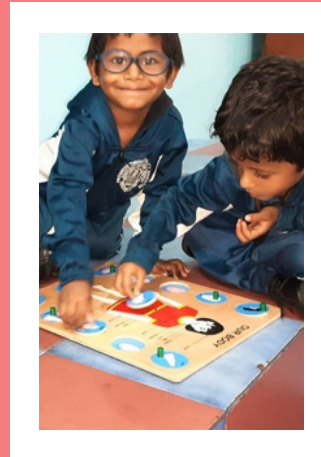
**PLAY GIVES CHILDREN A CHANCE TO UNDERSTAND WHAT THEY ARE LEARNING**

# KINDER GARTEN ACTIVITIES

CHILDREN MUST BE TAUGHT  
HOW TO THINK, NOT WHAT  
TO THINK

## BODY PARTS ACTIVITY

Being able to identify body parts is important for children because it allows them to start developing a sense of body awareness. Additionally, recognizing body parts enables children to communicate their needs, discomfort, and physical sensations effectively. Furthermore, body part identification supports children in understanding basic hygiene practices and self-care routines. It empowers them to express emotions in terms of physical sensations, aiding in emotional self-regulation



THE HUMAN BODY IS  
THE BEST WORK OF ART

## STORY TELLING ACTIVITY

The kinder Garten students need to continuously increase their reading comprehension skills as they move forward with their grade or school levels. The oral tradition of telling stories goes back to the beginning of spoken language. And now we have our kinder garten students presenting the stories, expressing it in their own way of talent. All The students were really very cheerful to say the stories among themselves.



GOOD QUESTIONS MAKE US THINK, GOOD  
STORIES MAKE US UNDERSTAND

## HEALTHY HABITS

Habits can play an important role in multiple aspects of your life, including mental, physical health and self-esteem. Healthy habits are equally important for both adults and kids. Teaching healthy habits for kindergarteners is even more important as this is the time where they learn things better. Some of the habits which our KG kids learnt are: Bathe every day, exercise, brush your teeths, eat veggies etc.



BEING HEALTHY IS NOT A STATE; IT IS A WAY  
OF LIFE. IT IS A PROCESS.

# MILK DAY

Every year on June 1st, World Milk Day is celebrated around the world for its services and donation to nourishment and livelihood. There are various global awareness programs executed by the government in the locality which focus on the use of dairy products like cheese, milk, butter, and more in our life.

08-May-2023



## EVERYONE NEEDS MILK



# MILK IS A SIP OF ENERGY

Milk day was the first celebration of the year 2023. On this day our respected principal mam asked us to get milk, so that we realise the value of milk. The primary grade students explained the importance of milk and their nutritious value. The primary teacher Rekha mam, thought us how to turn milk(cream) into butter, displayed live in front of the entire auditorium

## QUIZZICLE

WHAT'S MEANT BY LACTOSE INTOLERANCE?



# ENVIRONMENTAL DAY

JUNE -5TH



June 5th, 2023: World Environment Day was celebrated with great enthusiasm at our school. The event saw the presence of the principals, chief guest, trustees, staff members, and students, all gathered together to commemorate this important day. The school principal took the initiative to welcome the audience and delivered an opening speech, shedding light on the significance of World Environment Day. Sri Srinivas Sir and Poornima Mam, along with the other chief guests, delivered inspiring speeches highlighting the significance of World Environment Day and the role each individual can play in protecting the environment.



The management ensured the safety of students during the rally with measures like deploying an ambulance and having local police present. Traffic management was handled by competent NCC cadets under the guidance of Sri Srinivas sir. Cream buns and milkshakes were provided as a delightful conclusion to the eventful day.



The esteemed guests were welcomed with flowers and small plants as a token of appreciation. Cultural programs were held to entertain the students and guest before the rally began. Just minutes before the rally was scheduled to begin, the organizer took the stage and thanked everyone for their presence and support. They emphasized the importance of the cause and encouraged the audience to stay engaged throughout the event.



GO GREEN



KEEP CLEAN

## DID YOU KNOW?

A TREE CAN REDUCE UPTO 48 LBS CARBON DIOXIDE A YEAR.

PLANT A TREE- REDUCE GLOBAL WARMING

This is how the S.E.A group of institutions celebrated the world environmental day with great awareness. Followed by the ending speech of the principal. Chief guests, staff members and students inaugurated a nursery in the campus and ended with a proverb

*Nature, nature our future....*

# SCHOOL ELECTION

The school election was held on 9-06-23, this event brought together the brightest young minds, eager to make their mark on the school community. Let us take you on a captivating journey through the highs and lows of this experience.



**Unleashing Potential:** Enthusiasm overflowed as interested students from the 9th and 10th grades took centre stage, each and every nominee possessed a unique talent and they had looked forward to lead us in the future.



**The Power of Words:** In a display of courage and conviction, the nominees delivered compelling speeches that captivated their peers. They introduced themselves with confidence and outlined their plans for tangible improvements within the school.

## Did you know?

AUSTRALIA IS THE FIRST COUNTRY IN THE WORLD TO INTRODUCE COMPULSORY VOTING, REQUIRING ELIGIBLE CITIZENS TO VOTE IN FEDERAL ELECTIONS OR FACE PENALTIES.

**L** LEAD BY EXAMPLE

**E** ENCOURAGE EVERYONE

**A** AMBITIOUS

**D** DETERMINED

**E** ENERGETIC

**R** RESPONSIBLE

On June 8, the polling session was held at our school, led by our esteemed school principal, Asha mam. The occasion marked the initiation of the voting process. The democratic spirit resonated throughout as students from classes 7, 8, 9, and 10 eagerly cast their votes for the nominated candidates. The polling session symbolized a commitment to fairness and inclusivity.



**The Thrill of Victory and Grace in Defeat:** Finally, the moment of truth arrived - results day. The students, teachers, and the nominees eagerly awaited the announcement. The winners celebrated their well-deserved victories, ready to embark on their journey of leadership.



**"YOUNG AND STRONG,  
LEADING ALONG."**

# SCHOOL COUNCIL

INSPIRE

EMPOWER

LEAD



**School captain  
Karan Kumar Sah**

SENDING OUR HEARTFELT BEST WISHES TO ALL THE ASPIRING LEADERS, AS THEY EMBARK ON A JOURNEY TO SHAPE A FUTURE FILLED WITH INSPIRATION, EMPOWERMENT, AND UNITY.



**Vice School captain  
Charan G.V**



**Discipline captain  
Sahana Sagarika**



**Cleanliness captain  
Charvi.S**



**Vice Cleanliness captain  
Moksha.P**



**Vice Discipline captain  
Chandra Chanakya**



**Cultural captain  
Sai Karthik Raju**



**Sports captain  
Aditi Sharma**



**Vice Sports captain  
Baban.S**



**Vice Cultural captain  
Chinmayi K.B**



**Assembly captain  
Ujjwal Kumar Pandit**

IF YOUR ACTIONS INSPIRE OTHERS TO DREAM MORE. LEARN MORE. DO MORE AND BECOME MORE. YOU ARE A LEADER



**Vice Assembly captain  
Mohit.L**

# INTERNATIONAL YOGA DAY

# 21.06.2023

Yoga is an ancient art which connects our mind and body. It is an exercise that we perform by balancing the elements of our bodies. In addition, it helps us meditate and relax. Moreover, yoga helps us keep control of our bodies as well as mind. It is a great channel for releasing our stress and anxiety. It goes beyond being merely an exercise routine and delves into a deeper exploration of self-awareness and spiritual growth.



In a display of grace and tranquility, the school community came together to celebrate Yoga Day, embracing the ancient practice that nourishes the mind, body, and soul. The event was a testament to the growing awareness of the transformative power of yoga among students, who eagerly participated in performing various asanas, fostering a deeper connection with themselves and their surroundings.

Warmly willing that our school celebrated International Yoga Day! International Yoga Day is indeed celebrated worldwide on June 21st every year since 2015. It is a day dedicated to spreading awareness about the benefits of yoga and promoting its practice for physical and mental well-being.



The celebration of Yoga Day in our school served as a reminder of the transformative power of yoga in nurturing holistic well-being. Through the practice of various asanas, students tapped into their inner strength, fostering mindfulness and self-discovery. As they stood in unison, breathing as one, a profound sense of harmony permeated the atmosphere. This event showcased the enduring importance of incorporating mindfulness practices like yoga into our educational journey, empowering students to cultivate a balanced and peaceful existence.

## QUIZZICLE

THE INTERNATIONAL YOGA DAY WAS FIRST CELEBRATED  
IN WHICH YEAR?

# THE EDITORIAL BOARD

M  
E  
N  
T  
I  
O  
N  
S

-CHEIF EDITOR-

- Asha. A

-EDITOR-

- Mrs. Vidhya rani  
Assistant Mistress English
- Mrs. Shobha rani  
Assistant Mistress Hindi
- Mrs. Lakshmi Kumari  
Assistant Mistress Kannada

-DESIGNING TEAM-

- Anwasha Pradhan
- Ashwathi M.K
- Karan Kumar Sah
- Yeshas.M
- Aniket Kumar Sah

-WRITING TEAM-

- Keerthi Mahendran
- Iffath Rehan
- Tejashwini B.R
- Chinmayi K.B
- Madiha Noorain